

FOUR PRINCIPLES OF INDIVIDUAL ADVOCACY



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ABOUT US



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TODAY'S AGENDA

- 1 OVERVIEW OF SELF ADVOCACY**
- 2 HOW TO BE S.E.E.N.**
- 3 QUESTIONS AND ANSWER TIME**

OVERVIEW OF SELF ADVOCACY



- **WE WANT TO DO OUR BEST**
- **MAY REQUIRE SUPPORTS TO BE MOST SUCCESSFUL**
- **WE WANT TO BE SEEN, NOT JUST HAVE OUR NEEDS MET**

HOW TO BE S.E.E.N IN SCHOOL, WORK AND LIFE



SUMMARIZE



EXPLAIN



EMPHASIZE



NAVIGATE

SUMMARIZE

Aim to be brief and focus on the goal



- **BE PROACTIVE/PLAN AHEAD**

Schedule a time to meet with school/work
Be prepared: Bring materials which could help in the conversation

- **GIVE OVERVIEW OF NEED OR CONCERN**

What works for you

What does not you

Why each works or does not

EXPLAIN



- **KEEP THINGS SIMPLE AND OBJECTIVE**

“It is important that you understand that...”

- **PROVIDE RESOURCES TO THOSE YOU ARE SPEAKING WITH**

START at Grand Valley State

Autism Alliance of Michigan

Michigan Alliance for Families

Michigan Rehabilitation Services

- **GIVE EXAMPLES OF WHAT HAS WORKED IN THE PAST**

I/We have had successes with.....

If _____, Then _____

EMPHASIZE

“I hope that you see that I want to do well”



- **MAKE IT CLEAR THAT YOU WANT TO DO A GOOD JOB**
Examples of strengths, interests.
- **GIVE EXAMPLES OF WHAT HAS WORKED IN THE PAST**
I do best when.....

NAVIGATE

“How can we work together to solve this issue or need?”



- **EMPLOYERS/SCHOOL OR LOOKING FOR COMPLIANCE**
IDEA
ADA
Section 504
- **THE EMPLOYEE OR STUDENT IS IS LOOKING FOR ASSURANCE**
Why you are a good fit for the job
Overall success for the position
- **SOLUTIONS ARE TO FIT NEEDS OF BOTH GROUPS**
Win Win!
When we implement these things, this will go better

ACTIONS STEPS



**GETTING TO KNOW ME
BOOKLET/LETTER**



INTRODUCTORY TEAM MEETING



LEARNING WALK

REMEMBER TO BE S.E.E.N.







- **SUMMARIZE**
- **EXPLAIN**
- **EMPHASIZE**
- **NAVIGATE**



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